

Uso de forcípula

<https://www.youtube.com/watch?v=C9rhj8dcx8I>

<https://www.youtube.com/watch?v=CzvRYQdY9yA>

Uso de cinta métrica

https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=video&cd=&cad=rja&uact=8&ved=2ahUKEwjKzfC865HvAhXLH7kGHSryDnwQtwlwAHoECAQQAaw&url=https%3A%2F%2Fpl-pl.facebook.com%2FGreenforestSAS%2Fvideos%2Fcomo-s%25C3%25A9-usa-la-cinta-diam%25C3%25A9tricaejercicio-en-campoquieres-conocer-m%25C3%25A1s-sobre-las-c%2F214916476288029%2F&usg=AOvVaw2qpW35-85_VHqhAqzVknZE